



The Orange County Register
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Life 2

Kirstie Alley models a bikini on 'Oprah' people

No matter what you may think about **Kirstie Alley**, any actress willing to star in a show called "Fat Actress" – without needing a fake-fat suit to play the role – is a brave woman.

So we shouldn't be surprised that Alley – a paparazzi fave at her peak of 220 pounds – had the guts to appear on "The Oprah Winfrey Show" in a bikini on Monday.

To the tune of the Commodores' "Brick House," Alley, who is 5-foot-8 and has lost 75 pounds since her "Fat Actress" days on Showtime, strutted out in a maroon bikini.

It's courageous enough for her weight struggles, but Alley – also a star on "Cheers" and



selfes, they look the way they want to look."



Alley

"Veronica's Closet" – is 55 years old, too.

"I think women – I don't think we ever feel like we're good enough," she said in an interview. "We don't feel like we're thin enough or pretty enough or smart enough or work hard enough. And we are good enough."

Wearing a dress for an interview, Alley said she never would have had the courage to wear a bikini onstage when she was 30, despite being slender.

Alley, a spokeswoman for the Jenny Craig diet program, said she's learned to eat well, exercise and quit smoking.

"We can decide to change anything – at any age," Alley said.

"What I hope for all women is they feel good about them-

Healthy again, so let's sing!

Singers **Marianne Faithfull** and **Kylie Minogue** – pop stars and beauty icons from different decades – made separate announcements that their recoveries from breast cancer will allow them to perform again.



Faithfull

Faithfull, a 1960s figure who once dated Mick Jagger, canceled her tour in September after being diagnosed with early stage breast cancer.

Now she's bouncing back after surgery and plans to finish her tour in the spring.

"I didn't realize how many true friends I had," said Faith-

ful, 59. "I feel so lucky and loved and thank everybody for all their good thoughts."

Depending on your age, you may know Faithfull from her '60s hit "As Tears Go By," her 1979 comeback, "Broken English," or her current role in the film "Marie Antoinette."

Minogue, 38, canceled her tour in May 2005 after she was diagnosed with breast cancer. Now healthy, she arrived in her native Australia to pick up where she left off.



Minogue

"We're on tour again, woo-hoo!" Minogue told reporters and photographers who greeted her at the airport.

Minogue, now a vocal advocate for cancer screening, is known for hits such as "The Loco-Motion," and won a Grammy Award in 2004 for best dance recording for

HONOREE: Robbie Robertson, a former member of the Band, stands in front of a photo of himself in Ottawa, Ontario, Canada, on Thursday. Robertson is in Ottawa to receive the Governor General's Performing Arts Award.

"Come Into My World."

What do you mean, no shoes?!

Continuing our tour of Women of the World, we look to the Philippines and former first lady **Imelda Marcos**.

The 77-year-old widow of dictator Ferdinand Marcos is launching a fashion line – which oddly, for a woman most famous for the sinful amount of money she spent on fancy footwear, does not include shoes.

The collection of fashion jewelry and accessories debuts on Nov. 18, Marcos said from a Manila hotel's seaside garden.

"One day my grandson came to me and said, 'Mama Meldy, I would like to use your collection to tell the world (about) the real Imelda and the spirit of my grandma,'" she told reporters. "It's only beauty that can feed the spirit."

Well, that and a job that pays a living wage – not something

often identified with the Philippines under Marcos.

You need shoes to skate, too

Skateboarding legend **Tony Hawk** hit the ramps in Beverly Hills on Sunday for his foundation's annual "Stand up for Skateparks" fundraiser, an event to help build youth skate parks in lower-income communities.

Attendees at the estate of supermarket magnate Ron Burkle – including celebrities such as **John Fogerty**, **Jamie Lee Curtis** and **David Spade** – were treated to ollies and kickflips in a skating demonstration from Hawk, Bucky Lasek and Olympic snowboarding gold medalist and part-time pro skater Shaun White.

The Tony Hawk Foundation offers grants and technical assistance for the construction of skateboarding parks in low-

come communities, and also works to help make cities more comfortable with the oft-vilified sport.

"Towns that do take the plunge and build a facility end up seeing positive results and having less problems with kids skating where they don't want them to," Hawk said.

"They almost always build another one. They get more use than tennis courts or baseball fields."



Hawk

The People column was compiled from Register wire services by Peter Larsen, who knows a lot more about the ladies than he does about the skateboards.

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BIRTHDAYS

- Born in North Carolina, the first of his famous missions took place in Los Angeles in 1949. In the decades since, he has preached his message all over the world. The Rev. **Billy Graham** is 88.
- Also celebrating:
 - Opera singer **Joan Sutherland** is 80.
 - Actor **Barry Newman** is 68.
 - Singer **Johnny Rivers** is 64.
 - Singer-songwriter **Joni Mitchell** is 63.
 - Singer **Nick Gilder** is 55.
 - Actor **Christopher Knight** ("The Brady Bunch") is 49.
- Actor **Jeremy London** ("Party of Five") is 34.
- Actor **Jason London** ("The Rage: Carrie 2") is 34.
- Birthdays from the past:
 - 1867 **Marie Curie**, chemist/physicist, died 1934
 - 1869 **Lucille La Verne**, actress, died 1945
 - 1903 **Dean Jagger**, actor, died 1991
 - 1905 **Alice Day**, actress, died 1995
 - 1913 **Albert Camus**, writer/philosopher, died 1960
 - 1916 **Joe Cobb**, "Little Rascals" actor, died 2002
 - 1922 **Al Hirt**, jazz musician, died 1999
 - 1964 **Dana Plato**, actress, died 1999



He embraces his inner chrome dome

A Halloween shave puts a writer in the world of the hairless for a while.

By **MICHAEL DOSS**
THE ORANGE COUNTY REGISTER

I'm not bald.

And odds are, I'll never be bald. My family photo album is full of wild heads of hair and very few receding hairlines. The only time I noticed my hair falling out was when I wore it long, and at that point, you can't help but notice.

But if you met me today, you might wonder. My head currently resembles an egg. A good-looking egg, but an egg nonetheless.

I take Halloween seriously.

Too seriously, perhaps. But when given the opportunity to shock my friends and co-workers with only a beard trimmer and a razor, I couldn't say no. Besides, what self-respecting circus strongman would wear a \$3 bald cap when he could do the real thing?

THE PROCESS

For the uninitiated, head shaving, especially the first time, takes some prep. If you've got more than one-eighth inch of hair, you'll want to wash it, dry it, then comb it



MOHAWK FIRST: Here's the center strip before it, too, met the razor.

through. Then comb it through again. And once more for good measure. There's no joy like the tug of a beard trimmer on a sensitive scalp.

Next comes the actual trimming. You may have been misled by generations of army movies, showing four quick passes to a crew cut. In reality, this results in a haircut resembling the world's ugliest dog contest winner. You'll need to

go over the same spots before your pesky hair gives up, but it will. It'll fight you, but you'll win out in the end.

Oh, and if you've never had a mohawk, now is the time. Do it and take a picture. I did, and I'm a better man for it.

Then comes the big decision: Be content with your fraction-of-a-centimeter 'do (you'll still shock yourself in the mirror, don't worry), or go for broke and release your inner Kojak. Whip out a new razor, lather up that head, and find out who loves ya, baby.

THE REACTION

Nothing says "I just joined the swim team" like a freshly shaved head, and since you're

probably in your 20s, 30s or 40s and wouldn't wear a Speedo even if you could, be prepared for pressing questions: "Where'd your hair go?" and "What happened to your hair?" or "Oh, did you shave your head?"

Yes, really. People will offer their opinions, too, so be ready. My mom liked it, much to my surprise. My girlfriend thought it was silly, but not too bad. Most friends saw it in a Halloween context, and quite enjoyed the change. Strangers didn't know any better, though the careful observer could see the utter whiteness of my scalp compared with the California tanned goodness of my fore-

head. My daughter laughed, but she's 4 months old. She laughs at the furniture.

Lots of casual acquaintances will want to know more. Ever since Patrick Stewart and Sean Connery made it sexy, baldness has been on the upswing, but if you're a guy who's been blessed with a full head of hair, the curious will want to know why you made the switch. You don't need a reason, of course. You're bald and you're beautiful.

Plus, if it looks bad, it'll grow back, and no one will ever know the difference.

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BALD: Boomer lets it go

FROM PAGE 1

to bald?" becomes increasingly relevant.

And the answers don't come from men alone. Many times, as in Snesko's case, the wives have a say.

The Vietnam veteran from Washington started balding at 22. Within years, he was doing what he swore he'd never do: combing it over. "The part migrated down to my ear," he recalls.

It was Snesko's wife who came up with the answer to his growing baldness.

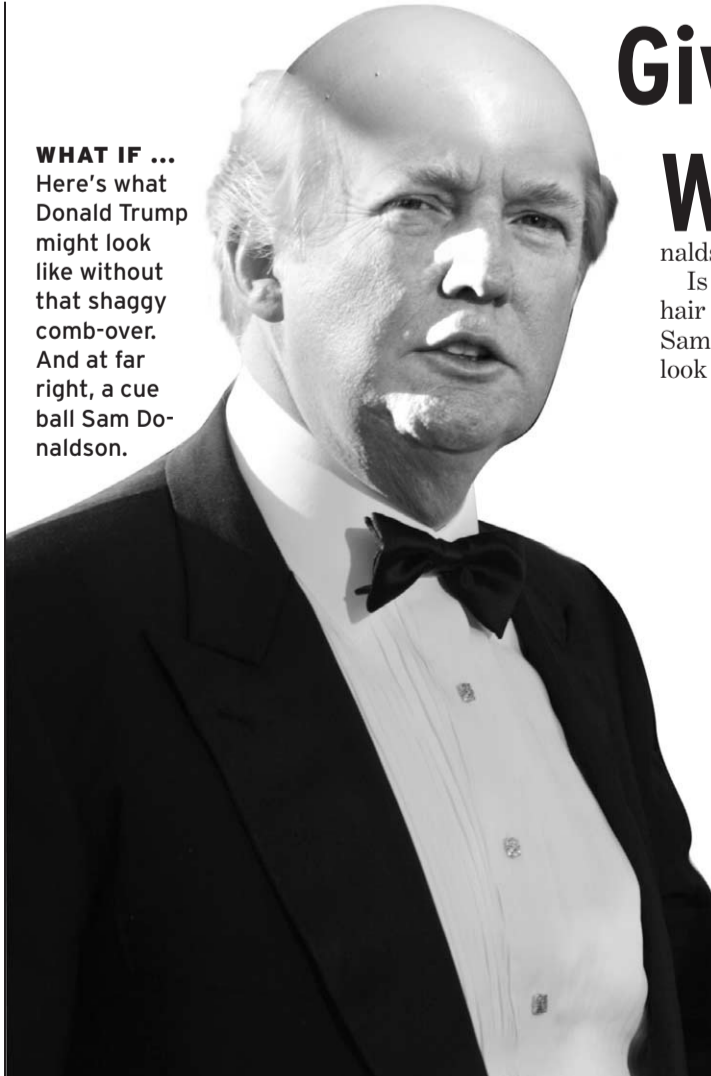
As they were getting ready for an important dinner party,

she asked him if she could fix his hair. Before Snesko knew what was happening, she had put Lady Schick to his scalp. In minutes, the comb-over – along with the rest of his hair – was gone. She told him he looked sexier.

He never looked back.

Are you a balding guy thinking about going all the way? Or is the comb-over already way over for you? Send us your stories. How did your friends react to you? Was it liberating or yet another depressing surrender to the aging process? E-mail us at life@ocregister.com and include the word "Bald" in the subject line. We'll print some of the best stories.

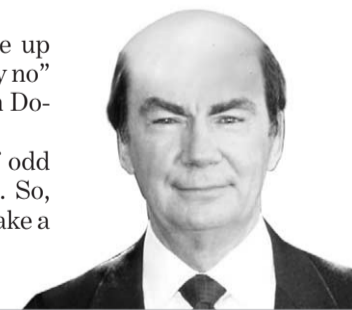
WHAT IF ... Here's what Donald Trump might look like without that shaggy comb-over. And at far right, a cue ball Sam Donaldson.



Give up the charade

We took an informal poll and came up with two guys who should "just say no" to rugs and bad comb-overs: Sam Donaldson and Donald Trump.

Is anyone fooled by the thick nest of odd hair on those two heads? We think not. So, Sam and Donald and all who love them, take a look and see what you think.



How to shave your head

- Most use Gillette Mach 3 blades because they shave closer with few if any nicks. (We have also received glowing comments about the new Head Blade. You can read more about them at headblade.com).
- If you have sensitive skin and are subject to rashes, avoid shaving against the grain and shave in the direction that your hair grows (or used to grow).
- Aftershave should be used to avoid rashes.
- The absolute best way to shave your head is to ask your wife or girlfriend to do it. They love to do it and it feels good.
- Use aloe vera lotion to keep that

young healthy look, and don't forget your sunblock.

- If you want to try Nair or Magic, you must be careful to not leave it on any longer than recommended; otherwise, it burns.
- The only other alternatives are painful or expensive.
- Electrolysis eventually gets rid of your hair permanently, but it is painful.
- Laser treatments will permanently remove your hair, but they are expensive.
- Waxing is painful and it gives you only one to two weeks of the stubble-free look.

Source: www.baldrus.com

CORRECTIONS

The TV grid information in the Comics section of the Nov. 3 edition of the Register was correct. Because of an editing error in one edition (Time Warner A) of the Oct. 29-Nov. 4 TV Register, the Friday evening grid was incorrect in that publication.

We will promptly correct factual errors. Call 714-796-7951 or e-mail corrections@ocregister.com. Legal demands for correction must be in writing and sent to the publisher at P.O. Box 11626, Santa Ana, CA 92711-1626.